Research Article

Unilateral Ovarian Absence with Ipsilateral Fallopian Tube Agenesis in Secondary Infertile Patient

Dr Renu Verma¹, Dr Mini², Dr Achala Batra³

¹Specialist, Department of Obstetrics n Gynaecology, Mata Gujari Hospital, Delhi.

²Medical officer, Department of Obstetrics n Gynaecology, Mata Gujari Hospital, Delhi.

³Specialist, Department of Obstetrics n Gynaecology, Mata Gujari Hospital, Delhi.

Correspondence: Dr Renu Verma

Received: 12.10.25, Revised: 18.11.25, Accepted: 11.12.25

ABSTRACT

Congenital agenesis of the unilateral adnexa is a condition that has rarely been described in the literature. The current study presents the case of a 34-year-old female who was admitted to the Department of Gynaecology at the Mata Gujari Hospital, hospital, new Delhi, India for secondary infertility. The patient was diagnosed with unilateral ovarian and unilateral fallopian tubal agenesis, without malformations of the uterus and urinary tract, during diagnostic laparoscopy. A literature review was conducted with the aim of determining the possible causes of these anomalies. However, the etiology of the adnexal anomaly remained unclear, although torsion or congenital defects were the most likely explanation. Therefore, the observations of the present study indicate that contralateral tubal pathologies may contribute to sterility.

Keywords: Unilateral Adnexal Agenesis, Fallopian Tube, Ovary, Congenital Anomaly, Primary Infertility.

INTRODUCTION

Congenital agenesis of the unilateral adnexa is an uncommon condition that has rarely been described in the literature. In addition, the incidence of adnexal malformations is difficult to determine. Aetiologies of ipsilateral ovarian and tubal agenesis remain unclear; however, a number of studies have conducted research. A number of authors suggest that this abnormity is either a congenital malformation or a result of a torsion that occurred to the ovarian pedicle in birth, childhood or adult life (3,5). Adnexal agenesis has always been associated with malformations of the uterus and urinary tract. Unilateral absence of the adnexa without a uterine deformity is rarely reported. The majority of patients are asymptomatic and can diagnosed incidentally following laparoscopy laprotomy for various or gynaecological or obstetric complications. In the present study, the literature was reviewed in order to identify possible causes of these anomalies.

CASE REPORT

A 34-year-old married woman had a history of previous first trimester abortion in her 6-years active married life was admitted to the Department of Gynaecology at the Mata Gujari Hospital. With a diagnosis of secondary infertility. Informed consent was obtained from the patient for the present study. The patient had history of one abortion in last 6-years. She

had attended Menarche at 12 years of age, and the menstrual cycle was regular with 27-28-day intervals for 5-6-day with dysmenorrhea. The overall health of the patient was good and there was no history of abdominopelvic surgery. On physical examination, no surgical scars were observed. The external genitalia, vagina, cervix and uterus appeared normal on gynaecological examination, and sex hormones analysis were also normal. Transvaginal ultrasonography revealed that the uterus and ovaries (only the right ovary was visualized) were normal. Hysterosalpingography was performed in which revealed a normal uterine cavity; right fallopian tubes patent with left tubal blockage; the hysterosalpingography was not repeated. Furthermore, genetic analysis revealed a normal karyotype (46, XX).

Subsequently, a diagnostic laparoscopy was performed. The laparoscopy revealed a single, normal-sized uterus with a smooth surface. No adhesion between the uterus and the intestinal serosa, the cecum and the pelvic wall was The rectouterine pouch was observed. inspected and no ectopic tissues were identified. The left adnexa were adhered with posterior lateral to uterus. After adhesion lysis left side fallopian tubes proximal end 1.5 cm seen and left sided ovary not seen (fig-1, 2). Small flimsy adhesions present between right fallopian tube and uterus, right ovary (with a corpus luteum) and right round ligament were found. The broad ligaments were also normal without any adhesions. In addition, the peritoneal and omental surfaces were analysed and no ectopic tissues or remnant structures were observed. On Methylene blue test did not result in spill from the left fallopian tube and right-side spillage present, the postoperative course was uneventful.



Fig-1



Fig-2

Unilateral absence of the adnexa is rarely reported without a uterine deformity. Therefore, the present case report prompted a comprehensive literature review. Similar cases reported in the literature, describing unilateral agenesis or the absence of the ovary and fallopian tube without uterine anomalies, are presented in Table I. A total of 25 cases were identified, of which nine cases were diagnosed with primary infertility and seven cases had undergone normal deliveries. In particular, one patient was single, one had contraception by drugs, one had an extrauterine pregnancy and

the fertility of the other six cases were not mentioned in the literature. Among the nine nulligravida's, three individuals had obstructed contralateral fallopian tubes, three patients had unobstructed tubes and the condition of the other three were not mentioned in the literature. In certain cases, dysmorphias of the genital tract coexist with urinary tract anomalies. Two cases were found to be associated with ipsilateral absence of the kidney, while in six cases, urinary tract anomalies were not mentioned.

Table - 1

First author (reference)	Ovarian and/or tubal anomalies	Urinary anomaly	Fertility	Other notable observations
Elkington N (<u>21</u>)	Absent left tube and ovary	No	Normal delivery	
Pabuccu E (<u>10</u>)	Absent left tube and ovary	No	Primary infertility	

Dr Renu Verma et al / Unilateral Ovarian Absence with Ipsilateral Fallopian Tube Agenesis in Secondary Infertile Patient

Vaiarelli A (<u>4</u>)	Complete absence of right ovary; 2-cm proximal stump of the right tube	NM	Primary infertility	History of acute pelvic pain 10 years previously				
Gursoy AY (8)	Absence of left ovary and tube	Absence of left kidney	Normal delivery					
	Eustace DL (3)							
Case 1	Absent right tube and ovary	No	Primary infertility					
Case 2	Absent right tube and ovary	NM	Normal delivery					
Sivanesaratnam V (<u>6</u>)								
Case 1	Absent left ovary and tube	No	NM					
Case 2	Absent right ovary and tube	No	Primary infertility	Blocked right tube				
		Mylonas I (<u>5</u>)						
Case 1	Absent right ovary and tube	No	Normal delivery					
Case 2	Absent right ovary and tube	No	Contraception by drugs					
Case 3	Absence right adnexa	No	Primary infertility	Blocked left tube				
Muppala H (<u>9</u>)	Absent right ovary, tube and round ligament	Right renal agenesis	NM	Pyloric stenosis				
	Į	Jckuyu A (<u>14</u>)						
Case 1	Absent left distal tubal segment, streak left ovary	No	Primary infertility	Unilateral tubal patency				
Case 2	Absent right distal tubal segment, normal right ovary	No	Primary infertility	Unilateral tubal patency				
Case 3	Twisted left tube, absent right ovary	No	Primary infertility	Unilateral tubal patency				
Case 4	Left ovarian agenesis	No						
Tzitzimikas S (22)	Absence of the left ovary and the distal part of the ipsilateral tube	No	NM					
Gotti G (<u>23</u>)	Absent right ovary and tube	No	Extrauterine pregnancy					
Rapisarda G (1)	Absent left ovary and tube	NM	Primary infertility	Obstructed right tube				
Sirisena LA (2)	Absent left ovary and distal tube	No	NM					
Georgy FM (13)	Absent left ovary and tube	No	NM					
Guan Q (<u>15</u>)	Absent right ovary and tube	NM	Normal delivery	Teratomas on the uterine surface				
Liu Q (<u>16</u>)	Absent right ovary and tube	No	NM	Extraperitoneal huge serous cystadenoma				
Ma CL (<u>17</u>)								
Case 1	Absent left ovary	NM	Normal delivery	Teratomas on the great omentum				

Case 2	Absent left ovary and	NM	Normal delivery	Teratomas on the
	tube			great omentum

Discussion

Congenital absence of the ovary is a rare condition, with one in every 11,240 individuals affected (6); however, the incidence may be higher as it is difficult to estimate the number of cases since the majority are asymptomatic and go unreported. All cases reported in the literature were diagnosed incidentally following a laparoscopy or laparotomy for various gynaecological or obstetric complications. The first published case of unilateral ovarian absence was reported in 1923 (7). In recent years, several similar cases have been reported (1, 4, 8, 9), which may be due to the widespread use of laparoscopy for diagnostic purposes; however, the total number of cases remains small.

Adnexal agenesis is often associated with malformations of the uterus or urinary tract, including a unicornuate uterus and unilateral renal agenesis (10). Congenital absence of the ovary may be accompanied with total or partial absence of the ipsilateral fallopian tube. However, unilateral absence of the adnexa without a uterine deformity is rarely reported. In the present case report, the uterus was considered normal in shape and structure diagnostic laparoscopy hysteroscopy. The literature was reviewed and a number of similar cases without uterine anomalies were identified (Table I). A number of studies have also evaluated the urinary tract in patients with ovarian agenesis (8,9). Among the cases listed, there were two patients with unilateral renal agenesis. In the present case, the results from the MRI scan revealed that the kidneys were normal.

The true etiology of ipsilateral ovarian or tubal absence has yet to be elucidated (1–3). The two most likely causes of ipsilateral ovarian and tubal absence may include an asymptomatic torsion of the adnexa with consequent organ ischemia and reabsorption (3, 5, 11), or a defect in the development of the Mullerian and gonadal structures (3, 6, 12) underlying vascular anomalies (11).

A number of studies have indicated that unilateral absence of the fallopian tube and ovary is the result of adnexal torsion with necrosis and resorption, which may occur antenatally or postnatally (3,5). Furthermore, it has been suggested that symptoms may be minimal or absent, although severe pain in the lower abdomen is a typical symptom of adnexal

torsion (3). In 1974, Georgy and Viechnicki (13) reported a case with the absence of an ovary and uterine tube. This case supported the torsion hypothesis since a calcific ovary was situated in the Douglas cul-de-sac. The study by Uckuyu et al (14) also supported the torsion hypothesis since separated tubal and ovarian tissue remnants were observed in the abdominal cavity. In addition, Vaiarelli et al (4) reported a case where the ovary and ipsilateral fallopian tube were absent. The patient had presented with acute, transient right-sided pelvic pain 10 years previously, which was not diagnosed as adnexal torsion following medical attention.

A number of previous cases have demonstrated that unilateral ovarian absence coexists with teratoma on the great omentum or the uterine surface (15-17). Omental cystic teratomas are rare. The torsion of the ovarian tumours that ruptured and parasitize on the greater omentum (15-17), and it was hypothesized that the incidence may be associated with embryonic developmental abnormalities. While this torsion hypothesis appears plausible, there is no evidence of its occurrence in the present case report. The patient had no history of unexplained abdominal pain, and no ectopic tissues or remnant structures on the peritoneal or omental surfaces were observed. However, the absence of symptoms does not exclude the possibility of torsion antenatally.

Developmental abnormalities have been observed in the female reproductive tract, including the fallopian tubes, ovaries, uterus, cervix, vagina and external genitalia. Usually, abnormalities include organs that originate from the Mullerian ducts. In the sixth week of gestation, the bilateral Mullerian ducts migrate towards the midline, meet, form luminal structures, fused and finally form the uterus and upper one-fifth of the vagina. Rostrally, the Mullerian ducts form fallopian tubes. Any disturbance in the migration, fusion or resorption of these ducts may result in a Mullerian anomaly (18). Paternoster et al (12) presented two cases of absent fallopian tubes, and hypothesized that partial or total unilateral defects of the paramesonephric duct were more common than aplasia of the two ducts. Therefore, a unicornuate uterus, one fallopian tube and one rudimentary or ectopic kidney indicates a defect in the development of all Mullerian structures.

In comparison to Mullerian duct-derived organs, congenital defects of the ovary are rare. Gonadal development depends on accurate germ cell migration, as well as appropriate formation of the urogenital ridge. These processes are regulated by multiple factors and genes (19), and a unilateral defect at any point during this process may prevent ovarian formation. Unilateral ovarian coexisting with an ipsilateral fallopian tube and a normal uterus is a complicated condition. It has been hypothesized that a defect localized to the region of the genital ridge and the caudal area of the Mullerian duct (5,20) reflects improper development of the urogenital ridge, which affects the development of the fallopian tube in that region. A number of studies have indicated that an inadequate blood supply during the descent into the pelvis of the caudal section of the paramesonephric duct may lead to adnexal agenesis (3, 5, 12); however, a clear developmental explanation malformation has not yet been elucidated. The patient in the current study presented for evaluation with a normal uterus and right observed adnexa durina diagnostic Furthermore, laparoscopy. the normal karyotype did not support the diagnosis of a chromosomal condition associated with the absence of the fallopian tube and ovary; for example, pure or mixed gonadal dysgenesis (46XY or 45X0/46XY).

A number of similar patients have been reported in the literature, with anatomic abnormalities observed during evaluations for primary infertility. It is unknown whether unilateral adnexal absence may be a cause of infertility. Several authors have hypothesized that unilateral adnexal absence does not diminish female fertility, particularly when the condition is not accompanied by a uterine malformation (9). Uckuyu et al (14) also investigated the function of the contralateral tube and concluded that unilateral agenesis is a possible factor in patients with infertility. Unilateral absence of the adnexa may reduce the probability of becoming pregnant; however, pregnancy remains possible if there is a functional fallopian tube. Previously, a patient with this condition was reported who had four normal pregnancies that resulted in normal vaginal deliveries (8). Previous studies have described contralateral occluded tubes (1, 6, 5). We hypothesized that contralateral tubal pathology may contribute to sterility. However, whether unilateral congenital tubal and ovarian anomalies affect the function of the other tube

and the pelvic microenvironment remains unclear.

In conclusion, unilateral ovarian and fallopian tube agenesis is a rare condition. The true etiology of adnexal anomalies remains unclear, although torsion or congenital defects may be the most likely explanations. In addition, the observations of the present study indicate that contralateral tubal pathologies may contribute to infertility.

Acknowledgements

The study was supported by grants from the Mata Gujari hospital, obstetrics and gynaecology department, New Delhi of India.

REFERENCES

- 1. Rapisarda G, Pappalardo EM, Arancio A, La Greca M. Unilateral ovarian and fallopian tube agenesis. Arch Gynecol Obstet. 2009;280:849-850.
- 2. Sirisena LA. Unexplained absence of an ovary and uterine tube. Postgrad Med J. 1978;54:423-424.
- 3. Eustace DL. Congenital absence of fallopian tube and ovary. Eur J Obstet Gynecol Reprod Biol. 1992;46:157-159.
- Vaiarelli A, Luk J, Patrizio P. Ectopic pregnancy after IVF in a patient with unilateral agenesis of the fallopian tube and ovary and with endometriosis: search of the literature for these associations. J Assist Reprod Genet. 2012;29:901-904.
- Mylonas I, Hansch S, Markmann S, Bolz M, Friese K. Unilateral ovarian agenesis: report of three cases and review of literature. Arch Gynecol Obstet. 2003;268:57-60.
- 6. Sivanesaratnam V. Unexplained unilateral absence of ovary and fallopian tube. Eur J Obstet Gynecol Reprod Med. 1986;22:103-105.
- Alexander HD. True unicornuate uterus and total absence of left broad ligament, round ligament, salpinx, ovary, kidney and ureter. Can Med Assoc J. 1947;56:539.
- Gursoy AY, Akdemir N, Hamurcu U, Gozukucuk M. Incidental diagnosis of unilateral renal and adnexal agenesis in a 46-year-old multiparous woman. Am J Case Rep. 2013;14:238-240.
- 9. Muppala H, Sengupta S, Martin JE. Unilateral absence of tube and ovary with renal agenesis and associated pyloric stenosis: communication. Eur J Obstet Gynecol Reprod Biol. 2008;137:123.
- 10. Pabuccu E, Kahraman K, Taskın S, Atabekoglu C. Unilateral absence of

- fallopian tube and ovary in an infertile patient. Fertil Steril. 2011;96:e55-e57.
- 11. Dahan MH, Burney R, Lathi R. Congenital interruption of the ampullary portion of the fallopian tube. Fertil Steril. 2006;85:1820-1821.
- 12. Paternoster DM, Costantini W, Uglietti A, Vasile C, Bocconi L. Congenital or torsion-induced absence of fallopian tubes. Two case reports. Minerva Ginecol. 1998;50:191-194.
- 13. Georgy FM, Viechnicki MB. Absence of an ovary and uterine tube. Obstet Gynecol. 1974;44:441-442.
- 14. Uckuyu A, Ozcimen EE, Sevinc Ciftci FC. Unilateral congenital ovarian and partial tubal absence: report of four cases with review of literature. Fertil Steril. 2009;91:936 e5-e8. [PubMed]
- 15. Guan Q, Wu YZ. A full-term pregnancy complicated with uterine mature teratoma and one adnexal absence. Chin J Obstet Gynecol. 2006;41:412.
- 16. Liu Q, Sun XB. A retroperitoneal giant serous cystadenoma with unilateral adnexal absence: a case report and review of literature. Chin J Obstet Gynecol. 2013;48:136-137.

- 17. Ma CL. Greater omental teratoma with congenital absence of the left ovarian: report of 2 cases. Chin J Clin Obstet Gynecol. 2006;7:302.
- 18. Simpson JL. Genetics of the female reproductive ducts. Am J Med Genet. 1999;89:224-239.
- 19. Saitou M, Barton SC, Surani MA. A molecular programme for the specification of germ cell fate in mice. Nature. 2002;418:293-300.
- 20. Dare FO, Makinde OO, Makinde ON, Odutayo R. Congenital absence of an ovary in a Nigerian woman. Int J Gynaecol Obstet. 1989;29:377-378.
- 21. Elkington N, Rahman R. Unexplained unilateral absence of fallopian tube and ovary. The Internet Journal of Gynecology and Obstetrics. 2008;11 doi: 10.5580/21a6.
- 22. Tzitzimikas S, Fragkos M, Karavida A. Unilateral ovarian absence. Gynecol Surg. 2013;10:93-95.
- 23. Gotti G, Ferrone R, Andreoli M, Turini A, Russo P, Di Donato P. Agenesia o assenza annessiale monolaterale? Descrizione di uncaso clinic. It J Gynaecol Obstet. 2008;20(2):87-89.